



Camp Shalom 1st-6th Grade Camp Descriptions

All camps: Campers will have group time, Israeli Fun and swimming. Please send swim suit, towel and sunscreen. Please send a non-meat lunch (if you did not pre buy camp lunch).

American Ninja Warriors: 1st-3rd Grade and 3rd-6th Grade - Join us as we jump into the craze that's sweeping the nation! In our American Ninja Warrior Camp, kids will compete in all kinds of fun, physical challenges. There will be non-stop action in this camp. Instructor: Mathew Reyna

Animal Planet: 3rd-6th Grade - Join us as we answer the call of the wild in this summer's animal-themed adventure! With plenty of visits from furry, scaly, and feathery friends, this camp is perfect for every animal lover. With animal-themed projects, games, and crafts all week long, this is sure to be a wild time! Visit from local animals. Instructor: Heather Doss

Art & Music Camp: 1st-3rd Grade - This year's Art & Music Camp is taught by camper favorite Audrey Wells. Recent graduate from University of Tulsa. Campers will create a variety of art projects and make their own musical instruments. On Friday, campers will perform an art and music show for family and friends. Instructor: Audrey Wells

Back Stage: 4th-6th Grade - Back Stage Camp is geared for older campers with a love for the theater and how it works. Set design, props design, stage management, and directing are all included in this week-long camp. Back Stage campers will be used for the final Music Theater performance while assisting with backstage management during the show.

BAM Abracadabra: 2nd-6th Grade - Future Houdinis will learn incredible card tricks and astonishing sleights of hand! Children will learn how to perform cool tricks, shape balloon animals, and create magic with everyday objects. Parents, family, and friends are invited to a magic show on Friday at 11am. Instructor: Chris Middlebrook of BAM

BAM Circus Fun: 2nd-6th Grade - Do your kids want to clown around this summer? Now they can learn how to do it right! Chris Middlebrook, a 21-year veteran of the entertainment industry, is bringing his unique skills to Camp Shalom. Your kids will learn the art of magic, juggling, stilt walking, balloon twisting, and face painting during this week-long course. Not only will they learn clowning skills from the man behind "Clonky the Clown," winner of Best Entertainer in 2010 TulsaKids' Family Favorite Awards, but they'll have a blast doing it! Instructor: Chris Middlebrook of BAM

BAM Science: 2nd-6th Grade - Performer Chris Middlebrook of Bam Entertainment, will work with your kids on cool experiments, show them how to ride a home-made hover board and have the most ridiculous fun possible with Science. Instructor: Chris Middlebrook of BAM

Basketball Camp: 1st-6th Grade - Campers will practice shooting, passing, and dribbling fundamentals along with offensive and defensive principles. We will incorporate basketball skills into individual fundamental work along with group activities while teaching the rules and dynamics of basketball. Instructor: David Mason

Calliope Circus Camp: 1st-2nd Grade and 3rd-6th Grade - Campers will have a chance to learn ground skills like juggling, low wire, rolla rolla, hand balancing, and acrobatics as well as aerial skills such as trapeze, lyra, and spanish web. Have fun, work hard, and get the chance to perform live at the end of the week! Dazzle your friends and family with your fabulous new talents on Friday at 9am Instructor: Calliope Circus

Camp Shalom: 1st-6th - Camp Shalom week is a tradition type of week. Campers will be divided by grades and enjoy sports, arts & crafts, special projects, free swim and fun Friday.

Clean Hands w/Case Morton: 3rd-6th Grade - Intro to graffiti, screen printing and street art with Clean Hands Army. Clean Hands is a Tulsa based mural and design crew. It's individual members have been actively painting large scale art since the late 90's. The crew was founded in 2012 and has since painted a large collection of murals throughout Oklahoma. This class will focus on the basics of spray paint and graffiti art, along with exploration of screen printing, paste-up posters and other forms of street art. Instructor: Aaron Whisner and Case Morton

Cooking Around the World: 3rd-6th Grade - Explore a whole new world as we taste our way around the globe! We'll create our own passports, and get them stamped as we experience culinary culture, crafts, and yummy cuisine from around the world. *Bon appetit!*

ESPN: 1st-6th Grade - Remember the days of playing pickup games in the backyard? Now's your chance to be the next Peyton Manning or Michael Jordan. Join us for a week of sports and games. Please send your camper in play-type, athletic clothing and shoes. Instructor: Brian Underwood, PE teacher & coach at Holland Hall.

Fancy Nancy: 1st-4th Grade - Come join us as we take a journey with Fancy Nancy each day! Your child will have an extraordinary time reading a different *Fancy Nancy* book each day while dazzling up their daily lives! Your child will learn vocabulary that Fancy Nancy uses, as well as make a variety of crafts just like her! Don't miss out on letting your child learn the "fancy way" and come home saying, "Ooo la la"! Instructor: Paige Hansen

Farm To Table: 3rd-6th Grade - Dig, Plant, and Grow! Campers will enjoy spending time in The Jewish Federation of Tulsa's Community Garden. We will create dishes based on the veggies and fruit available in the community garden and learn how to build our own gardens at home. On Thursday, campers will make dishes to share with the residents of the Zarrow Pointe. Instructor: Mallory Young

Fun Fitness for Kids: 1st-6th Grade - An important aspect of childhood is having the ability to play and have fun. Kids' bodies need to run and jump outside, participating in active events and activities. Help your child get started with an active lifestyle with Fun Fitness for Kids camp! Each day, campers will learn about different aspects of fitness and how to apply each one into their daily lives. They will learn the importance of healthy eating and proper rest, too, all while having tons of FUN!! Instructor: Stephanie Blackwell

Goblins, gashes and glamour! 3rd-6th Grade - In this makeup specialty, campers will create glamorous models and gruesome monsters! Using special techniques taught by professional makeup artist Daniella Alouf from Israel, campers learn the art of transforming each other into characters, fairy princesses, wild animals, ghosts or zombies. At the end of the week, campers will take on a challenge to create a completely original character of their choice. Instructor: Daniella Alouf and Liat Gal

Jedi Kendo Camp: 2nd-4th and 3rd-6th Grade - Kendo is a traditional semi-contact style of Japanese fencing, as well as a modern sport. The *Star Wars* films drew heavily from this style of swordsmanship and philosophical ideals. It is a demanding and invigorating activity that's open to individuals of all backgrounds, ages, and physical abilities and helps condition the mind and body to promote quality attitude and respect. Points are scored by correctly striking regulated targets on *bogu* (protective armor). Strikes are considered valid only if the 竹刀 "*shinai*" (bamboo sword) properly makes contact. Students use *shinai* in practice, allowing proper contact to be made in technical application without serious injury to themselves or others. When striking, students use a loud shout called *kiai* to call their point. This practice raises energy and fighting spirit, as well as totally eliminating "lucky shots." Instructor: Michael Lindsey

Jewelry Creations: 1st-4th Grade - Campers will create their own jewelry of all shapes and sizes like bracelets, necklaces, earrings and more! They will use a variety of materials and get be creative! Instructor: Blake Martin

The Magic Treehouse Adventure: 1st-2nd Grade - Come spend the week exploring The Magic Treehouse book series with Jack, Annie, and Henry! Each morning, the students will engage in activities appropriate for the selected book. The basic reading comprehension skills will be highlighted along with word searches, crosswords, journal writing, and story extensions. We will also research The Magic Treehouse book series and the author through The Magic Treehouse website. A summer reading list will be provided for continued summer reading adventures. Instructor: Carol Adams

Mermaid Camp: 1st-4th Grade - Campers will spend a week engulfed in the mesmerizing world of mermaids! The week will be filled with fun activities including creating your own mermaid blanket, swim lessons from real-life mermaids, a special visit from a famous mermaid, making and delighting in mermaid cuisine, and so much more. We can't wait to spend the week with all of our mermaids-in-training! Instructor: Audrey Wells

Musical Theater *The Sound of Music*: 1st-6th Grade -- *The Sound of Music* is the beloved Rogers and Hammerstein musical based on the true story of the Von Trapp family Singers. A novice, Marie, becomes the governess for seven rambunctious children who has lost their mother. We will learn four songs and choreography from the musical; "The Sound of Music," "Do, Re, Mi," "Favorite Things," and "The Lonely Goatherd" There will be a short performance at the end of the week. We will also have a chance to play some fun theater games throughout the week. Instructor: Jenifer Philips

Music Theater High School Musical: 3rd-6th grade -- A star athlete at small town smart young lady audition for the upcoming school musical. Some of the other students do not like the fact that they are auditioning together and conspire to ruin their chances. The two must struggle to make it to auditions while also meeting their other obligations of basketball and academic decathlon. We will learn songs and choreography for the musical such as, "We're All in This Together" and "Bop to the Top." We will also have a chance to play some fun theater games throughout the week. Instructor: Jenifer Philips

Nature in Art: 1st-3rd Grade Campers will explore the wonderful world of Eric Carle's creatures through his illustrations through paint, papier-mâché, cut, and collage as they create their own masterpieces. We will also explore trees and use Gustav Klimt's "Tree of Life" as inspiration for student art. Students will present their works on Friday in their own nature-loving art gallery. Instructor: Blake Martin

Ooey Gooley Camp: 1st-3rd Grade - This camp is all about being hands-on and getting a little (or a lot) messy! Ooey Gooley Camp embraces all things messy, slime-filled, sticky, gooey, and fun. We will have lots of different science experiments, edible creations, gooey play, and messy games. Campers should wear old t-shirts and clothes, and come prepared to get messy! Instructor: Claire Kelley

Outdoor Adventure: 2nd-6th Grade- Outdoor adventure with the Federation's own Shaliach family of Liat and Ofar, plus camper favorite- Claire Kelley Campers will spend time in Liberators Park (located on the JCC campus), learning different outdoor skills, like building their own camp site, cooking, survival techniques, and more. Campers should come prepared to get dirty, wet, and muddy! On Thursday, campers are invited to stay for a late night cook out until 6pm. Families are welcome to join any time after 4:15. Instructors: Liat Gal , Ofar Gal and Claire Kelley

PE Games With Coach Underwood: 1st-6th Grade - Does your child love to play games? Do they love P.E.? If so then, Holland Hall's elementary P.E. teacher and Coach Brian Underwood invite you to a P.E. games camp, which promise to be a fun, team-building, and exciting time for your child! Please have your child in appropriate athletic shoes for the best experience possible. Instructor: Coach Brian Underwood

Pickelball: 2nd -6th Grade- Pickle ball is one of the fastest growing sports in America. It is played with paddles, a type of whiffle ball and a net. The kids will learn the strokes and rules of this fun game. Pickle ball paddle will be provided for campers to use during camp. Instructor: Amanda Scroggs

Pokémon: 3rd-6th Grade- Campers will train and compete in a number of Pokémon games and competitions. Trainers will prep their teams and enter them in group activities. This fun camp will include team building, crafts, science, super powers/magic and tons of collective activities. Which team will win? Which Pokémon will win? Only time (and this camp) will tell. *No trading Pokémon cards with other campers during this camp.* Instructor: Heather Doss

Princess Week: 1st-2nd Grade- In our magical Princess Camp, dreams will come true as we create beautiful crafts, and engage in fun activities! Activities will include sharing popular princess stories, costume design, a princess tea party, and much more! Instructor: Paige Hansen

Robot Camp: 1st-3rd Grade - Jump into the world of coding and create wonder with robots Dot and Dash! Learn how to code robots to perform different tasks, make music, navigate an obstacle course, and much more! Create challenges for your campmates! We will explore the ever-evolving world of technology and coding and have fun too! Instructor: Blake Martin

Restaurant Week: 3rd-6th Grade- Whether you dream of owning a restaurant that serves burgers and fries or a gourmet bistro in Paris, this camp is certain to be a tasty treat. Campers will plan their own menus and cook up delicious meals that our guests can enjoy at the Restaurant's Grand Opening on Friday.

Robot Camp: 1st-3rd Grade- Jump into the world of coding and create Wonder with robots Dot and Dash! Learn how to code robots to perform different tasks, make music, navigate an obstacle course and much more! Create challenges for your campmates! We will explore the ever-evolving world of technology and coding and have fun too! Instructor: Blake Martin

Secret Agent Camp: 1st-2nd and 3rd-6th Grade - Become a detective! Become part of a mystery! Solve the Crime! Campers will learn skills and tricks to solve crimes and mysteries. All campers will participate in hands-on activities where they will be the detective, solve cases, and act out mysteries! Drew Diamond, former Tulsa Chief of Police, will make an appearance and assist the campers in solving a crime. Instructor: Paula Jackson

Shark Week: 1st-2nd - Just when you thought it was safe to go back into the water...it's Shark Week! We will explore some of the many species of sharks, CHOMP on some appetizing snacks, and dive into the world of sharks with science, art, games, and more. This week will blow you out of the water!

Soccer Magic: 1st-6th Grade – Soccer Magic is the most popular camp annually and is conducted by head coach (and camper favorite) Jason Neidell (NCAA D1 Head Women's Soccer Coach at Western Kentucky University). Campers are grouped according to age and skill level, so every camper feels comfortable regardless of their level of play. Soccer Magic emphasizes fundamentals and technique, while ensuring every camper has a winning experience! Campers will work on skills in the morning, have tournament play in the afternoon, and finish the day with a swim in the pool. Instructor: Jason Neidell

Space Adventure: 1st-2nd Grade- 3...2...1...LIFT OFF! Take a voyage of discovery into the atmosphere and beyond. Explore planets, moons, and other space phenomena in our solar system. Discover the difficulties of space travel, the challenges of living in space, and why earth is the best place to live. Campers will experience hands-on activities, crafts, read books, and build their own personal rockets from recycled materials. Don't worry; we will have your campers back to earth in time for lunch!

Spanish Camp: 1st-3rd and 3rd-6th Grade- Do YOU want to immerse yourself in a new language and culture? If so, Spanish Immersion Camp is for you! Using interactive learning tools, campers use hands-on and fun methods to learn and improve their Spanish. Campers work on speaking, reading, and writing in Spanish, and explore the culture through traditional food, dance, history, music, media and much more!

Star Wars Camp: 1st-4th Grade - In a galaxy far, far away, we will explore the Star Wars Universe. Get your light sabers ready to have an out-of-this-world experience during this fun week of Star Wars-inspired crafts, snacks, science, and games. May the force be with you!

STEAM: 1st-3rd and 3rd-6th and 4th-6th Grade- STEAM as a way to learn STEM concepts while engaging in creative expression. Campers will have an exciting week of engaging in a variety of activities, like stomp rockets, making a giant marble maze on the wall, pool noodle/toothpick towers, catapults, paper airplanes, and much more. We will end this fun week with a White Elephant party (presents will be provided by Camp Shalom) Instructor: Pam Martin

Tennis: 1st-4th Grade 2nd-6th Grade - Tennis camp is for campers who are either picking up a racquet for the first time or just starting to get the hang of it. Amanda Scroggs, CSJCC Tennis Pro, will emphasize sound fundamentals including proper footwork, grips, stroke production, and movement. Camp will take place at the Jeanette Altman Frieden Sports Complex located at the CSJCC. Campers can bring their own tennis racquet or borrow one from the CSJCC. Instructor: Amanda Scroggs

Train Your Dragon: 1st-3rd Grade - Dive into the world of a Viking nation! Viking Hiccup Horrendous Haddock III must capture and train his dragon in order to live up to his namesake. Experience dragon, adventure, and life lessons—just like Hiccup. Campers will also learn the history of Vikings, create their own shield and personal dragon to “train” at home, enjoy a Viking meal, and go through “How to train a dragon boot camp.” Instructor: Paige Hansen

Unicorn Magic: 1st-4th Grade - Campers will spend a week enchanted in the mesmerizing world of unicorns! The week will be filled with fun activities including creating your own unicorn themed crafts as well as making and delighting in unicorn cuisine, and so much more. We can't wait to spend the week with all of our unicorns-in-training! Instructor: Audrey Wells

Volleyball Camp: 1st-6th Grade - This camp will introduce the fundamentals of volleyball to new players & allow more experienced players to continue to develop their serving, setting, passing & hitting skills. Individual & partner drills will be used to teach technique, along with team drills & games to show players how fun the sport is! This camp is for boys or girls, & new players to the sport are welcome! Please have your child wear athletic clothing & shoes, & bring a water bottle. Instructor: Nikki Cool

Welcome to Hogwarts!: 3rd-6th Grade - Get your wands and broomsticks ready to soar into Harry Potter universe in this exciting camp! From potions class and quidditch practice to “Defense against the Dark Arts & Crafts,” aspiring young witches and wizards will explore the magical world through dozens of games and crafts, cooking projects, scavenger hunts, and more! Instructor: Katy Roberson

Wet N Wild: 3rd-6th Grade - This is one of the most popular camps annually. Campers will spend the mornings in the Sharna & Irvin Frank Aquatics Center located at the CSJCC, playing their favorite water games. On Friday, campers will enjoy an inflatable slip and slide. Wet N Wild is a camp for strong swimmers only--must be green swim band. Instructor: Claire Kelley